

**Dr. Ian Banks BSc. BAO. BCh. MB. MSc. PhD.
Part-time GP and A&E officer N.I.**



Introduction

In a previous life Ian Banks was once a television repair man. He might not be able to cure you but he can do wonders for your vertical hold. He has four children, delivering one himself. "Not quite the same as child birth but at least I got to shout 'push'." He represents all doctors for the British Medical Association as a member of Council for the UK and awarded the BMA accolade, the Association Medal. He worked on the Developing Patient Partnerships (DPP formerly Doctor Patient Partnership) for six years.

He is the official spokesman on men's health issues for the BMA, president of the European Mens Health Forum and the England & Wales Men's Health Forum, vice president of the International Society for the Study of Mens Health, deputy editor of the Mens Health Journal and for six years the medical editor for The Men's Health Magazine.

The BBC book 'The Trouble with Men' was written by Ian in 1996 to accompany the television series of the same name. It was followed by Men's Health, The Good Patient Guide, The Children's Health Guide, Get Fit with Brittas, Men's Health in General Practice, Ask About Sex and the 50th NHS Anniversary book from the NHSE/HEA The Home Medicine Guide. He is also the author of the NHS Direct Healthcare Guide and Web site.

His other books include “the Dad’s Survival guide”, the Haynes” Man Workshop Manual” (2nd Edition) the Haynes “Baby Workshop Manual” (second edition), the Haynes Sex Workshop Manual. Haynes “Woman Workshop Manual” the Haynes “Cancer Manual” (the only book in 2004 to win the Plain English Award), Haynes HGV MAN manual on men and weight, ‘Brain’ deals with men and mental well being. His latest book is ‘Toddler Manual’.

Ian was appointed visiting professor of mens health in Europe by Leeds Metropolitan University in 2005 and awarded the Royal Society of Health Gold Medal for public health in 2007. The City of Vienna and the International Society of Mens Health honoured Ian with their award for public health in September 2007.